

# The Jeter Drill

**Testing Transition from Shortstop to 1<sup>st</sup> base – approximately 65 feet**

- ❖ The Clock begins when the ball enters the machine and stops when the player's throw either hits or goes beyond the target.
- ❖ The player begins behind the cone in a game-like ready position and can only come toward the ball once the ball enters the machine.
- ❖ This will be used for all infielders.
- ❖ \* Indicates the time was unofficial and is not used in scoring.



2 pts
3 pts
1 pt

**COMMENTS:**

	<u>TIME</u>	<u>POINTS</u>
<b>T1</b>	_____	_____
<b>T2</b>	_____	_____
<b>T3</b>	_____	_____
<b>T4</b>	_____	_____

**AVG TIME:** \_\_\_\_\_ **SCORE:** \_\_\_\_\_