

The Fernandez Drill

Testing Corner Range – Short game emphasis – bunt coverage (35' & 45')

- ❖ The Clock begins with the coaches' command and stops when the player's throw either hits or goes beyond the target.
- ❖ The player begins behind the cone in a game-like ready position and can only come toward the ball upon command.
- ❖ Drill is done for 3rd basemen, 1st basemen, catchers and pitchers.
- ❖ * Indicates the time was unofficial and is not used in scoring.



1 pts
3 pts
2 pt

17 Feet - Pitchers

TIME POINTS

T1 _____ _____

T2 _____ _____

T3 _____ _____

T4 _____ _____

AVG TIME: _____

SCORE: _____

7 Feet - Catchers

TIME POINTS

T1 _____ _____

T2 _____ _____

T3 _____ _____

T4 _____ _____

AVG TIME: _____

SCORE: _____